



## Patient Exam Preparation

### **Exam: Lower GI Series (Barium Enema and Barium Enema with air contrast)**

#### **Instructions**

##### **Pediatric:**

0-2 years of age:

No solid food after midnight

Nothing by mouth after 5 a.m. day of exam

3-6 years of age:

1 tablespoon of Fletcher's Castoria at 3 p.m. day before exam

½ Ducolax suppository at 7 p.m. evening before exam

No solid food after midnight

Nothing by mouth after 5 p.m. day of exam

7-10 years of age:

2 tablespoons of Fletcher's Castoria at 3 p.m. day before exam

1 Ducolax suppository at 7 p.m. evening before exam

Nothing by mouth after 12 midnight

11-16 years of age:

4 tablespoons of Fletcher's Castoria at 3 p.m. day before exam

Light evening meal day before exam

1 Ducolax suppository at 7 p.m. day before exam

Nothing by mouth after 12 midnight

##### **Adult (day before exam):**

Clear liquid diet day before exam

2 p.m. day before exam take a 10 oz (300mL) bottle of Mag Citrate **or** 2oz of castor oil (which ever you prefer)

6 p.m. day before exam take 4 Ducolax tablets

No food or drink after 12 midnight

**Medications can be taken as needed with small amounts of water.**

(You can pick up the Ducolax tablets and the Mag Citrate "over the counter" at your favorite/local drug store or pharmacy.)

##### **Exam Length**

A typical exam will take 1 to 1 1/2 hours.

Questions can be addressed to Radiology Department – Ph. (765) 747-3236.